BILIPSCHITZ EMBEDDING OF SELF-SIMILAR SETS

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ABSTRACT. This paper proves that the self-similar set satisfying the strong separation condition can be bilipschitz embedded into self-similar set with larger Hausdorff dimension, and it can be embedded into a self-similar set with the same Hausdorff dimension if and only if these two self-similar sets are bilipschitz equivalent.

1. INTRODUCTION

For metric spaces (A, d_A) and (B, d_B), a bijection $f : (A, d_A) \to (B, d_B)$ is said to be *bilipschitz*, if there is a bilipschitz constant $C > 0$ such that for all $x, y \in A$,

$$C^{-1} d_A(x, y) \leq d_B(f(x), f(y)) \leq C d_A(x, y).$$

We say that (A, d_A) and (B, d_B) are *bilipschitz equivalent*, if there is a bilipschitz bijection from (A, d_A) to (B, d_B). We say that (A, d_A) can be *bilipschitz embedded* into (B, d_B), if there is a subset B_1 of B such that (A, d_A) and (B_1, d_B) are bilipschitz equivalent.

As in [6], "topology" may be regarded as the study of equivalence classes of sets under homeomorphism, and "fractal geometry" is sometimes thought of as the study of equivalence classes of fractals under *bilipschitz mappings*. Another interesting motivation of studying bilipschitz equivalence of fractals comes from geometry group theory ([1], [7]).

Many works have been devoted to the related topics. For example, Cooper and Pignataro [2], Falconer and Marsh [5, 6], David and Semmes [3] and Xi [19, 20] studied the shape of Cantor set, nearly Lipschitz equivalence, BPI equivalence and quasi-Lipschitz equivalence respectively. Xi et al. ([15]-[16], [21]-[25]) also discussed the bilipschitz equivalence between self-similar sets.

Example 1. For two self-similar sets with the same dimension, they may be not bilipschitz equivalent. For example, let $3r^{\log 2 / \log 3} = 1$, suppose a self-similar set is generated by similitudes $rx, rx + (1 - r)/2$ and $rx + 1 - r$, then this self-similar set and the Cantor ternary set have the same Hausdorff dimension $\log 2 / \log 3$, but they are not bilipschitz equivalent ([6]).

On the bilipschitz equivalence of self-similar sets, the following results are known.

1) **Self-similar sets satisfying the *strong separation condition* (SSC in short)**. Falconer and Marsh [6] gave a necessary condition such that they are bilipschitz equivalent. A necessary and sufficient condition was also obtained by Xi [21].

2) **Self-similar sets satisfying *open set condition* (OSC in short)**.

Define two self-similar sets respectively by $F_i = F_i/5 \cup ((i+1)/5 + F_i/5) \cup (4/5 + F_i/5)(i = 1, 2)$. Then both F_1 and F_2 satisfy OSC and have the same Hausdorff dimension. David and Semmes [3] asked whether they are bilipschitz equivalence, and the question is called "$\{1, 3, 5\}$-$\{1, 4, 5\}$ problem."

Rao, Ruan and Xi [15] gave an affirmative answer to the problem, then Xi et al [16, 22, 23] studied some generalizations, recently Xi and Xiong [25] dealt with the problem in high dimension.

3) **Connected self-similar sets**.

Wen and Xi [18] discussed the geometric condition for self-similar arcs to be bilipschitz equivalent. They also constructed two self-similar arcs γ_1, γ_2 with the same Hausdorff dimension but γ_1 and γ_2 are not bilipschitz equivalent.

4) **Bilipschitz embedding between regular set and self-similar set.**

Mattila and Saaranen [12] discussed the bilipschitz embedding for Ahlfors regular sets, and proved that for any t-regular set F with $t > s$ that there exists a self-similar set E, generated by similitudes of the same ratio, such that E can be bilipschitz embedded into F.

Here we recall the notion of s-regular set.

Definition 1. Let $E \subset X$ and $s > 0$. We say that E is s-regular, if E is closed and if there exists a Borel measure μ on X and a constant $C_E \geq 1$ such that $\mu(X \backslash E) = 0$ and $r^s \leq \mu(B(x, r)) \leq C_E r^s$ for all $x \in E$, $0 < r \leq |E|$ and $r < \infty$, where $B(x, r)$ is the closed ball centered at x with radius r.

Remark 1. A self-similar set with OSC of Hausdorff dimension t is t-regular ([9]). But if the self-similar set without OSC, the conclusion may be false. For example, let E_λ be self-similar set generalized by $S_1(x) = x/3$, $S_\lambda(x) = x/3 + \lambda$ and $S_3(x) = x/3 + 2/3$, then by [10], $\dim_H E_\lambda = 1$ and $\mathcal{H}^1(E_\lambda) = 0$ for some λ, and E_λ is not 1-regular in this case.

Recall that a self-similar set $E = \cup_{i=1}^m S_i(E)$ satisfies the strong separation condition (SSC), if $S_i(E) \cap S_j(E) = \varnothing$ for any $i \neq j$.

We will state our results as follows.

Theorem 1. *Suppose E_1 and E_2 are self-similar sets with $\dim_H E_1 < \dim_H E_2$. If E_1 satisfies the strong separation condition, then there is a bilipschitz map $g : E_1 \rightarrow g(E_1) \subset E_2$.*

Remark 2. We stress that in this theorem, the condition *OSC* is not required for E_2.

Theorem 2. *Suppose F and F' are self-similar sets satisfying the strong separation condition, and $\dim_H F = \dim_H F' = s$. Then there is a bilipschitz map $h : F \rightarrow h(F) \subset F'$ if and only if F and F' are bilipschitz equivalent.*

In fact, Theorem 2 is the consequence of the following stronger result.

Theorem 3. *Preserve the assumption in Theorem 2. If there are $K \subset F$, $K' \subset F'$ such that K and K' are bilipschitz equivalent with $\mathcal{H}^s(K), \mathcal{H}^s(K') > 0$, then F and F' are bilipschitz equivalent.*

Remark 3. David and Semmes introduced the BPI (*big pieces of itself*) equivalence, which is a few weaker than bilipschitz equivalence, and discussed some properties [3]. In particular, they proved that self-similar sets F and F' with OSC are

BPI equivalent, if and only if there are $K \subset F$, $K' \subset F'$ such that K and K' are bilipschitz equivalent with $\mathcal{H}^s(K), \mathcal{H}^s(K') > 0$ (Proposition 7.1 of [3]). Then Theorem 3 shows that self-similar sets satisfying SSC are bilipschitz equivalent if and only if they are BPI equivalent. Here is an open problem: under what condition, BPI equivalence implies bilipschitz equivalence for self-similar sets.

Given a metric space (X, d), let $|X_1|$ denote the diameter of set $X_1(\subset X)$, and $d(X_1, X_2)$ is the distance between subsets X_1 and X_2 of X.

Definition 2. Let C, δ, s be positive numbers. A sequence $\{\Phi_k\}_{k \geq 0}$ consisting of finite index is called *controlled by* (C, δ, s) provided

(a) For any $k \geq 1$, Φ_k is a collection of words with length k, by convention, $\Phi_0 = \{\emptyset\}$, where $\emptyset$ is the empty word;
(b) If $i_1 \cdots i_{k-1} i_k \in \Phi_k$, then $i_1 \cdots i_{k-1} \in \Phi_{k-1}$;
(c) For any $k_2 > k_1 \geq 0$ and any $i_1 i_2 \cdots i_{k_1} \in \Phi_{k_1}$,
$$card\{i_1 i_2 \cdots i_{k_1} \cdots i_{k_2} \in \Phi_{k_2}) \leq C(\delta^{-s})^{k_2 - k_1}.$$

Definition 3. Let (X, d) be a metric space, $C > 1, 0 < \delta < 1, s > 0$, and let $\{\Phi_k\}_{k \geq 1}$ be a sequence controlled by (C, δ, s). Suppose $E \subset X$ and for any $k \in \mathbb{N}$, there is a decomposition of E with respect to the sequence $\{\Phi_k\}_{k \geq 0}$:
$$E = \bigcup_{i_1 i_2 \cdots i_k \in \Phi_k} E^{i_1 i_2 \cdots i_k}.$$
We say that the set E has s-structure if for any $i_1 i_2 \cdots i_k \in \Phi_k$, we have

1) $E^{i_1 i_2 \cdots i_k} = \bigcup_{i_1 i_2 \cdots i_k j \in \Phi_{k+1}} E^{i_1 i_2 \cdots i_k j}$;
2) $|E^{i_1 i_2 \cdots i_k}| \leq C\delta^k$;
3) $d(E^{i_1 i_2 \cdots i_k}, E^{j_1 j_2 \cdots j_k}) \geq C^{-1}\delta^k$ whenever $i_1 \cdots i_k \neq j_1 \cdots j_k$.

The following proposition shows that many typical fractals, including self-similar sets with SSC, have s-structure. Some self-similar sets with OSC (but without SSC) can be regarded as graph-directed sets or homogeneous Moran sets, and thus also have s-structure as shown below.

Proposition 1. Let $s > 0$, then the following sets have s-structure:
(1) Bounded s-regular set with $s \in (0, 1)$;
(2) $C^{1+\alpha}(\alpha > 0)$ self-conformal set with dimension s (in particular self-similar set satisfying SSC);
(3) Graph-directed sets (on a transitive graph) satisfying SSC with dimension s;
(4) Homogeneous Moran set in $\mathcal{M}(J, \bar{n}, \bar{c})$ $(\bar{n}\bar{c} < 1)$ with dimension s.

The fractal classes (2)-(4) will be introduced in Section 3.

Remark 4. In Section 6, we will prove that: let $E \subset [0, 1]$, if E has positive Lebesgue measure, then E has no s-structure for any s.

Proposition 2. If $E \subset X$ has s-structure and $F \subset Y$ is t-regular with $s < t$, then there is a bilipschitz map $f : E \to f(E) \subset F$.

The above proposition establishes the bilipschitz embedding from a set having s-structure to a regular set. Notice that s-dimensional self-similar sets with SSC have s-structure, this proposition is the complementarity of the result of Mattila and Saaranen mentioned above [12]. It is also proved in [12] that any s-regular set

with $s \in (0, 1)$ can be embedded into any t-regular set F with $t > s$. This result is exactly a consequence of Proposition 2 and Proposition 1.(1).

As shown in Remark 1, self-similar set of dimension t maybe not t-regular, however the following proposition shows that it can contain a t'-regular subset with $t'(< t)$ close to t.

Proposition 3. If F is a self-similar set with $\dim_H F = t$. For any $\varepsilon > 0$, there is a self-similar set F_ε satisfying the strong separation condition such that $F_\varepsilon \subset F$ and $\dim_H F_\varepsilon \in (t - \varepsilon, t]$. Here F_ε is t_ε-regular with $t_\varepsilon \in (t - \varepsilon, t]$.

The paper is organized as follows. Sections 2, 3 and 4 are devoted mainly to the proofs of Propositions 1, 2 and 3 respectively. Then Theorem 1 follows from Proposition 1.(2), Proposition 2 and Proposition 3. In Section 5, we prove Theorem 3 on the technique of [21]. In the last section, we show that any subset of $[0, 1]$ with positive Lebesgue measure cannot be embedded into any self-similar set with SSC.

2. PROOF OF PROPOSITION 1

2.1. Finite Words.

Given integer $n \geq 2$, let Σ_n^* be the collection of finite words composed of $1, \cdots, n$, that means

$$
\begin{aligned}
\Sigma_n^* &= \cup_{k \geq 0} \{1, \cdots, n\}^k \\
&= \{\emptyset\} \cup \{j_1 \cdots j_k : k \geq 1 \text{ and } j_t \in \mathbb{N} \cap [1, n] \text{ for } 1 \leq t \leq k\},
\end{aligned}
$$

where $\emptyset$ is the empty word.

For word $\mathbf{i} = i_1 \cdots i_k$ and $\mathbf{j} = j_1 \cdots j_l$, set $\mathbf{i} * \mathbf{j} = i_1 \cdots i_k j_1 \cdots j_l$. For word $\mathbf{i} = i_1 \cdots i_k$, its length $|\mathbf{i}|$ is defined to be k.

2.2. Self-conformal Set.

We say that a mapping $f : U(\subset \mathbb{R}^l) \to \mathbb{R}^l$ is $C^{1+\alpha}$ conformal with $\alpha > 0$, if U is open, $Df(x)$ is a contracting similarity for any $x \in U$, and there is a constant C_f such that for all $x, y \in U$,

$$
|Df(x) - Df(y)| \leq C_f |x - y|^\alpha.
$$

We say that a set E is a $C^{1+\alpha}$ self-conformal set, if there are $C^{1+\alpha}$ contracting and conformal mappings $\{f_1, \cdots, f_m\}$ such that

$$
E = \cup_{i=1}^m f_i(E)
$$

is a disjoint union, that is $f_i(E) \cap f_j(E) = \varnothing$ whenever $i \neq j$.

Notice that for $C^{1+\alpha}$ self-conformal set E of Hausdorff dimension s,

$$
0 < \mathcal{H}^s(E) < \infty.
$$

In [6], [19] and [20], it is proved that $C^{1+\alpha}$ self-conformal sets with the same Hausdorff dimension are both nearly Lipschitz equivalent and quasi-Lipschitz equivalent.

2.3. Graph-directed Sets.

Suppose G is a directed graph, which contains n vertexes $\{1, \cdots, n\}$ and directed edges $\{e : e \in G\}$ among these vertexes. For each edge e, there is a contracting similitude $S_e : \mathbb{R}^l \to \mathbb{R}^l$. Let $\mathcal{E}_{i,j}$ be the set of all the edges from vertex i to vertex j. By [14] there is a family $\{K_1, \cdots, K_n\}$ of compact sets in $\mathbb{R}^l$ such that

$$K_i = \bigcup_j \bigcup_{e \in \mathcal{E}_{i,j}} S_e(K_j). \tag{2.1}$$

We say $\{K_i\}_i$ satisfies SSC, if the right hand of (2.1) is a disjoint union. The graph is said to be transitive, if for any vertexes i, j, there is a path starting at i and ending at j. For graph-directed sets $\{K_i\}_i$ satisfying SSC on a transitive graph,

$$0 < \mathcal{H}^s(K_i) < \infty \text{ with } s = \dim_H(K_1) = \cdots = \dim_H(K_n).$$

2.4. Homogeneous Moran Set.

Given integer $\bar{n} \geq 2$ and $\bar{c} > 0$ with $\bar{n}\bar{c} < 1$, we recall some notions of homogeneous Moran class $\mathcal{M}(J, \bar{n}, \bar{c})$.

Definition 4. Suppose that $J \subset \mathbb{R}^1$ is a closed interval. For a collection $\mathcal{F} = \{J_{\mathbf{i}} : \mathbf{i} \in \Sigma^*_{(\bar{n})}\}$ of closed subintervals of $J = J_\emptyset$, we say $\mathcal{F}$ has homogeneous Moran structure $(J, \bar{n}, \bar{c})$, if for any word $\mathbf{i}$, $J_{\mathbf{i}*1}, J_{\mathbf{i}*2}, \cdots, J_{\mathbf{i}*\bar{n}}$ are subsets of $J_{\mathbf{i}}$ such that

$$\text{int } J_{\mathbf{i}*i} \cap \text{int } J_{\mathbf{i}*j} = \varnothing \text{ whenever } i \neq j,$$

and for each j,

$$|J_{\mathbf{i}*j}|/|J_{\mathbf{i}}| = \bar{c}.$$

A homogeneous Moran set determined by $\mathcal{F}$ is defined by

$$E(\mathcal{F}) = \bigcap_{k \geq 1} \bigcup_{|\mathbf{i}|=k} J_{\mathbf{i}},$$

where any interval $J_{\mathbf{i}}$ in $\mathcal{F}$ is called a basic element of E. Let $\mathcal{M}(J, \bar{n}, \bar{c})$ be the collection of all the homogeneous Moran sets with structure $(J, \bar{n}, \bar{c})$.

Remark 5. By the definition above, we see that two Moran sets having the same Moran structure only differ from the relative positions of the basic elements of same order. In particular, the basic elements $J_{\mathbf{i}*i}, J_{\mathbf{i}*j}$ can share one endpoint.

Example 2. Let $\bar{n} = 3$ and $\bar{c} = 1/5$. Suppose $J = [0,1]$ and $\mathcal{F} = \{J_{\mathbf{i}} : \mathbf{i} \in \Sigma^*_3\}$ is given by

$$J_{i_1 \cdots i_k} = \left[\sum_{t=1}^k \theta(i_t)/5^t, 1/5^k + \sum_{t=1}^k \theta(i_t)/5^t\right],$$

where $\theta(1) = 0, \theta(2) = 3, \theta(3) = 4$. Then the corresponding homogeneous Moran set is called $\{1,4,5\}$-set. Here $J_{i_1 \cdots i_k 2} \cap J_{i_1 \cdots i_k 3} \neq \varnothing$.

In fact, for any $E \in \mathcal{M}(J, \bar{n}, \bar{c})$, we have $\dim_H E = -\log \bar{n}/\log \bar{c}$. For the results on the dimensions of Moran sets, we refer to [8, 13, 17].

2.5. Proof of Proposition 1.

(1) Bounded s-regular set F with $s \in (0,1)$:

Since $F(\subset X)$ is s-regular, there exists a Borel measure μ, supported on F, such that for $x \in F, 0 < r \leq |F| < \infty$,

$$r^s \leq \mu(B(x,r) \cap F) \leq C_F r^s \tag{2.2}$$

where the constant $C_F > 0$. Let $D_F = (3C_F 2^s)^{1/(1-s)} + 1$.

Lemma 1. [12] *Let $0 < s < 1$, $R > 0$, let $E \subset X$ be closed and bounded and let μ_0 be a Borel measure on X such that $\mu_0(X \backslash E) = 0$ and that $\mu_0(B(x, r)) \leq C_F r^s$ for all $x \in E$, $r > 0$, and $\mu_0(B(x, r)) \geq r^s$ for all $x \in E$, $0 < r < R$. For every $0 < r < R/(2D_F)$ there exist disjoint closed balls $B(x_i, r)$, $i = 1, \cdots, m$, and positive numbers ρ_i, $r \leq \rho_i \leq (D_F)r$, such that $m \leq C_F|E|^s/r^s$, $x_i \in E$, $x_j \notin B(x_i, \rho_i)$ for $i < j$,*

$$E \subset \cup_{i=1}^m B(x_i, \rho_i) \text{ and } E \cap [B(x_i, \rho_i + r) \backslash B(x_i, \rho_i)] = \varnothing.$$

Fix $x^* \in F$ and take δ small enough.

Without loss generality, we assume that $|F| \leq 1 = \delta^0$, then $F \subset B(x^*, \delta^0)$. By convention, $x_\emptyset = x^*$ and $C_\emptyset = 1$, then we get $x_{i_1 \cdots i_k} = x^*$ and $C_{i_1 \cdots i_k} = 1$ for $k = 0$.

By induction on k, assume that we get closed balls

$$B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k) \text{ with } 1 \leq C_{i_1 \cdots i_k} \leq D_F \tag{2.3}$$

and

$$F \cap [B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k + \delta^k) \backslash B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k)] = \varnothing, \tag{2.4}$$

where $i_t \leq [C_F 2^s D_F^s] \delta^{-s}$ for all t.

Let $\mu_0 = \mu|_{B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k)}$, then $\mu_0 = \mu|_{B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k + \delta^k)}$ by (2.4). Applying Lemma 1 to the case

$$E = B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k) \cap F, \ R = \delta^k, \ r = \delta^{k+1} \text{ and } \mu_0 = \mu|_{B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k)},$$

we get $m_{i_1 \cdots i_k}$ closed balls $\{B(x_{i_1 \cdots i_k i_{k+1}}, C_{i_1 \cdots i_k i_{k+1}} \delta^{k+1})\}_{i_{k+1}=1}^{m_{i_1 \cdots i_k}}$ such that

$$B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k) \cap F = \cup_{i_{k+1}=1}^{m_{i_1 \cdots i_k}} [B(x_{i_1 \cdots i_k i_{k+1}}, C_{i_1 \cdots i_k i_{k+1}} \delta^{k+1}) \cap F], \tag{2.5}$$

and for $i_{k+1} \neq i'_{k+1}$,

$$d((B(x_{i_1 \cdots i_k i_{k+1}}, C_{i_1 \cdots i_k i_{k+1}} \delta^{k+1}), B(x_{i_1 \cdots i_k i'_{k+1}}, C_{i_1 \cdots i_k i'_{k+1}} \delta^{k+1})) \geq \delta^{k+1}, \tag{2.6}$$

where

$$m_{i_1 \cdots i_k} \leq C_F |E|^s/r^s \leq [C_F 2^s D_F^s] \delta^{-s} \text{ and } C_{i_1 \cdots i_k i_{k+1}} \leq D_F.$$

Then the inductive assumptions (2.3) and (2.4) are true for every k.

Let $F^{i_1 \cdots i_k} = B(x_{i_1 \cdots i_k}, C_{i_1 \cdots i_k} \delta^k) \cap F$, then

$$|F^{i_1 \cdots i_k}| \leq (2D_F) \delta^k. \tag{2.7}$$

For any $F^{i_1 \cdots i_{k_1}}$, we are going to estimate the cardinality of its subset in the form $F^{i_1 \cdots i_{k_1} \cdots i_{k_2}}$. Since

$$F^{i_1 \cdots i_{k_1}} = \bigcup_{i_1 \cdots i_{k_1} \cdots i_{k_2}} F^{i_1 \cdots i_{k_1} \cdots i_{k_2}},$$

by (2.2), we have

$$\mu(F^{i_1 \cdots i_{k_1}}) \leq C_F(C_{i_1 \cdots i_{k_1}} \delta^{k_1})^s \leq (C_F D_F^s) \delta^{k_1 s},$$

and

$$\mu(F^{i_1 \cdots i_{k_1} \cdots i_{k_2}}) \geq \delta^{k_2 s}.$$

Therefore, for $i_1 \cdots i_{k_1}$ fixed, we have

$$card\{i_1 \cdots i_{k_1} i_{k_1+1} \cdots i_{k_2}\} \leq (C_F D_F^s)(\delta^{-s})^{k_2 - k_1}. \tag{2.8}$$

It follows from (2.5)-(2.8) that F has s-structure.

(2) $C^{1+\alpha}(\alpha > 0)$ self-conformal set (in particular, self-similar set satisfying SSC):

Let E be the invariant of the contracting conformal mappings $\{f_1, ..., f_n\}$ with $\dim_H E = s$. We will show that E has s-structure.

Write $f_{i_1 \cdots i_m} = f_{i_1} \circ \cdots \circ f_{i_m}$ and $E_{i_1 i_2 \ldots i_m} = f_{i_1 \cdots i_m}(E)$, $1 \leq i_j \leq n$ ($j = 1, \cdots, m$).

Fix a point $x \in E$. By [4], it is known that there is constant $\lambda > 0$ such that for any $i_1 i_2 \cdots i_m$ and any $y \in E$,

$$\lambda^{-1} \;\; \leq \;\; |E_{i_1 i_2 \cdots i_m}|/|f'_{i_1 i_2 \cdots i_m}(x)| \leq \lambda,$$
$$\lambda^{-1} \;\; \leq \;\; \mathcal{H}^s(E_{i_1 i_2 \ldots i_m})/|f'_{i_1 i_2 \cdots i_m}(x)|^s \leq \lambda,$$
$$\lambda^{-1} \;\; \leq \;\; |f'_{i_1 i_2 \cdots i_m}(y)|/|f'_{i_1 i_2 \cdots i_m}(x)| \leq \lambda.$$

Taking δ small enough, for any infinite sequence $i_1 i_2 \cdots i_m \cdots$ and any $k \geq 1$, we can choose the least integer $l(k)$ such that $|f'_{i_1 i_2 \cdots i_{l(k)}}(x)| < \delta^k$, then $|f'_{i_1 \cdots i_{l(k)-1}}(x)| \geq \delta^k$, and

$$|f'_{i_1 i_2 \cdots i_{l(k)}}(x)|/|f'_{i_1 i_2 \cdots i_{l(k)-1}}(x)|$$
$$= \;\; |f'_{i_{l(k)}}(x)| \cdot \left(|f'_{i_1 i_2 \cdots i_{l(k)-1}}(f_{i_{l(k)}}(x))|/|f'_{i_1 i_2 \cdots i_{l(k)-1}}(x)| \right)$$
$$\geq \;\; (\min_{1 \leq i \leq n} \inf_z |f'_i(z)|)\lambda^{-1}.$$

Therefore,

$$(\min_{1 \leq i \leq n} \inf_z |f'_i(z)|)\lambda^{-1}\delta^k \leq |f'_{i_1 i_2 \cdots i_{l(k)}}(x)| < \delta^k. \tag{2.9}$$

Let Π_k be the collection of all the words $i_1 i_2 \ldots i_{l(k)}$ defined above. Then

$$E = \cup_{i_1 \cdots i_p \in \Pi_k} E_{i_1 \cdots i_p}.$$

The strong separation condition implies that there is a constant $C_1 > 0$ such that

$$d(E_{i_1 i_2 \ldots i_p}, E \backslash E_{i_1 i_2 \ldots i_p}) \geq C_1 |f'_{i_1 i_2 \ldots i_p}(x)| \quad \text{for all } i_1 \cdots i_p.$$

Then for any $i_1 i_2 \cdots i_p \in \Pi_k$, we have

$$E_{i_1 \cdots i_p} = \cup_{i_1 \cdots i_p \cdots i_q \in \Pi_{k+1}} E_{i_1 \cdots i_p \cdots i_q},$$

and

$$|E_{i_1 \cdots i_p}| \leq \lambda |f'_{i_1 i_2 \cdots i_p}(x)| < \lambda \delta^k. \tag{2.10}$$
$$d(E_{i_1 i_2 \ldots i_p}, E \backslash E_{i_1 i_2 \ldots i_p}) \geq [C_1 (\min_{1 \leq i \leq n} \inf_z |f'_i(z)|)\lambda^{-1}]\delta^k. \tag{2.11}$$

Fix any $i_1 i_2 \cdots i_p \in \Pi_{k_1}$ and $k_1 < k_2$, we estimate the cardinality of the set

$$\{i_1 \cdots i_p \cdots i_q : i_1 \cdots i_p \cdots i_q \in \Pi_{k_2}\}.$$

In fact,

$$\mathcal{H}^s(E_{i_1 \cdots i_p}) = \sum_{i_1 \cdots i_p \cdots i_q \in \Pi_{k_2}} \mathcal{H}^s(E_{i_1 \cdots i_p \cdots i_q}),$$

where

$$\mathcal{H}^s(E_{i_1 \cdots i_p}) \leq \lambda |f'_{i_1 i_2 \cdots i_p}(x)|^s \leq \lambda \delta^{k_1 s},$$

and by (2.9),

$$\mathcal{H}^s(E_{i_1 \cdots i_p \cdots i_q}) \;\; \geq \;\; (\lambda^{-1})|f'_{i_1 i_2 \cdots i_p \cdots i_q}(x)|^s$$
$$\geq \;\; (\lambda^{-1})[(\min_{1 \leq i \leq n} \inf_z |f'_i(z)|)\lambda^{-1}]^s \delta^{k_2 s}.$$

Therefore, for any $i_1 i_2 \cdots i_p \in \Pi_{k_1}$ fixed,

$$card\{i_1 \cdots i_p \cdots i_q \in \Pi_{k_2}\} \leq [\lambda^{2+s}(\min_{1 \leq i \leq n} \inf_z |f'_i(z)|)^{-s}] \cdot (\delta^{-s})^{k_2 - k_1}. \tag{2.12}$$

Let
$$C_2 = \max[\lambda, C_1^{-1}(\min_{1 \leq i \leq n} \inf_z |f_i'(z)|)^{-1}\lambda, \lambda^{2+s}(\min_{1 \leq i \leq n} \inf_z |f_i'(z)|)^{-s}].$$
Then by (2.10)-(2.12), we have shown that E has s-structure with constants (C_2, δ, s).

(3) Directed-graph sets on a transitive graph satisfying SSC:

Let $\{K_i\}_{i=1}^n$ be the graph-directed sets on a transitive graph $G = (V, \mathcal{E})$, where $V = \{1, \cdots, n\}$. Let $\mathcal{E}_{i,j}$ denote the set of edges from vertex i to vertex j, and $\mathcal{E}_{i,j}^k$ the set of sequences of k edges $(e_1, \ldots, e_k)$ which form a directed path from vertex i to vertex j. Let $\mathcal{E}_i = \cup_k \cup_j \mathcal{E}_{i,j}^k$, all the paths starting at vertex i.

By the symmetry, we only need to prove that K_1 has s-structure.

Write r_e the contracting ratio of S_e for $e \in \mathcal{E}$. Let $r_* = \min_{e \in \mathcal{E}} r_e$ and
$$D_* = \min_{1 \leq i \leq n} \min\{d(S_e(K_j), S_{e'}(K_{j'})): e \neq e' \text{ with } e \in \mathcal{E}_{i,j} \text{ and } e' \in \mathcal{E}_{i,j'}\}.$$
Take δ small enough such that $\delta < r_*$.

For any infinite admissible path $(e_1, e_2, \cdots, e_m, \cdots)$ starting at vertex 1, and any $k \geq 1$, we can take the least integer $l(k)$ satisfying $r_{e_1} \cdots r_{e_{l(k)}} < \delta^k$. In the same way as above, we have
$$r_* \delta^k \leq r_{e_1} \cdots r_{e_{l(k)}} < \delta^k.$$
Let Π^k be the collection of all the paths $(e_1, \cdots, e_{l(k)})(\in \mathcal{E}_1)$ defined above.

Then we have
$$K_1 = \bigcup_{(e_1, \cdots, e_p) \in \Pi^k} E_{e_1 \cdots e_p},$$
where $E_{e_1 \cdots e_p} = S_{e_1} \circ \cdots \circ S_{e_p}(K_j)$ with edge e_p ending at some vertex j.

By the strong separation condition, we have $D_* > 0$ and for $(e_1, \cdots, e_p) \in \Pi^k$,
$$d(E_{e_1 \cdots e_p}, K_1 \setminus E_{e_1 \cdots e_p}) \geq D_* r_* \delta^k \text{ and } |E_{e_1 \cdots e_p}| \leq \delta^k \cdot \max_{1 \leq i \leq n} |K_i|.$$

Fix a path $(e_1, \cdots, e_p) \in \Pi^{k_1}$ and $k_1 < k_2$, we estimate the cardinality of the set
$$\{(e_1, \cdots, e_p, \cdots, e_q) \in \Pi^{k_2}\}.$$
In fact, let s be the Hausdorff dimension of K_i, we have
$$\mathcal{H}^s(E_{e_1 \cdots e_p}) = \sum_{(e_1, \cdots, e_p, \cdots, e_q) \in \Pi^{k_2}} \mathcal{H}^s(E_{e_1 \ldots e_p \ldots e_q}),$$
where
$$\mathcal{H}^s(E_{e_1 \cdots e_p}) \leq \delta^{k_1 s} \cdot \max_{1 \leq i \leq n} \mathcal{H}^s(K_i),$$
$$\mathcal{H}^s(E_{e_1 \cdots e_p \cdots e_q}) \geq r_*^s \delta^{k_2 s} \cdot \min_{1 \leq i \leq n} \mathcal{H}^s(K_i).$$

Therefore, for $(e_1, \cdots, e_p) \in \Pi^{k_1}$ fixed,
$$card\{(e_1, \ldots, e_p, \ldots, e_q) \in \Pi^{k_2}\} \leq (\delta^{-s})^{k_2 - k_1} \left(r_*^{-s} \max_{1 \leq i \leq n} \mathcal{H}^s(K_i) / \min_{1 \leq i \leq n} \mathcal{H}^s(K_i) \right).$$
Let
$$C_3 = \max(D_*^{-1} r_*^{-1}, \max_{1 \leq i \leq n} |K_i|, r_*^{-s} \max_{1 \leq i \leq n} \mathcal{H}^s(K_i) / \min_{1 \leq i \leq n} \mathcal{H}^s(K_i)),$$
then K_1 has the s-structure with constants (C_3, δ, s).

(4) Homogeneous Moran set in $\mathcal{M}(J, \bar{n}, \bar{c})$

Suppose $E \in \mathcal{M}(J, \bar{n}, \bar{c})$ with dimension $s = -\log \bar{n}/\log \bar{c}$. Since $\bar{n}\bar{c} < 1$, we can take $\varepsilon > 0$ small enough such that

$$\bar{n}\bar{c} + (\bar{n} + 1)\varepsilon < 1.$$

Given $k \geq 1$, $\cup_{i=1}^t I_i$ is called a ε-block of order k, if
(1) $I_1, I_2, \cdots, I_t$ are basic elements of order k, having length $(\bar{c})^k$;
(2) $I_1, I_2, \cdots, I_t$ are intervals arranged from left to right such that

$$d(I_p, I_{p+1}) \leq \varepsilon(\bar{c})^k \text{ for every } p;$$

(3) $d(\cup_{i=1}^t I_i, E \setminus \cup_{i=1}^t I_i) > \varepsilon(\bar{c})^k$.
Since $\bar{n}\bar{c} + (\bar{n} + 1)\varepsilon < 1$, for any ε-block $\cup_{i=1}^t I_i$, we have

$$t \leq 2\bar{n}. \tag{2.13}$$

For each ε-block $\cup_{i=1}^t I_i$ of order k_1, the number of ε-block of order k_2 contained in $\cup_{i=1}^t I_i$ is less than or equal to

$$t \cdot (\bar{n})^{k_2 - k_1} \leq (2\bar{n})[(\bar{c})^{-s}]^{k_2 - k_1}. \tag{2.14}$$

Notice that the diameter

$$|\cup_{i=1}^t I_i| \leq [t + (t-1)\varepsilon](\bar{c})^k \leq (2t) \cdot (\bar{c})^k \leq (4\bar{n})(\bar{c})^k. \tag{2.15}$$

On the other hand, for distinct ε-blocks of order k, their distance is greater than $\varepsilon(\bar{c})^k$. Then the decomposition with respect to ε-blocks implies that this Moran set has s-structure with constants $(\max(4\bar{n}, \varepsilon^{-1}), \bar{c}, s)$, where $s = -\log \bar{n}/\log \bar{c}$.

3. Proof of Proposition 2

Let $s(C, \delta)$ be the collection of all the sets having s-structure with constants (C, δ, s) as in Definition 3.

Lemma 2. *Suppose $E \in s(C, \delta)$. Then $E \in s(C, \delta^n)$ for any $n \geq 1$.*

Proof. For any $k, n \geq 1$, given a word $i_1 \cdots i_{kn}$, of length kn, construct a new word by the following way

$$(i_1 \cdots i_n)(i_{n+1} \cdots i_{2n}) \cdots (i_{(k-1)n+1} \cdots i_{kn}),$$

where each segment $(i_{jn+1} \cdots i_{(j+1)n})$ $(0 \leq j \leq k-1)$ is regarded as a new letter. Then this new word has length k. It follows from the definition that $E \in s(C, \delta^n)$ for any $n \geq 1$. $\square$

Now we are turn to the proof of Proposition 2. Without loss of generality, we assume $|F| \geq 1$. Suppose $E \in s(C, \delta)$. Fixing C, by Lemma 2, we can choose δ small enough such that

$$C\delta^{t-s} < (20^t C_F)^{-1},$$

where C_F is the constant such that for any $y \in F$ and $r < |F|$,

$$r^t \leq \mu(B(y, r)) \leq C_F r^t.$$

Without loss of generality, for each $k \geq 0$ and each $i_1 \cdots i_k \in \Phi_k$, let $n_{i_1 \cdots i_k} (\leq C\delta^{-s})$ be the integer such that

$$[1, n_{i_1 \cdots i_k}] \cap \mathbb{N} = \{j : i_1 \cdots i_k j \in \Phi_{k+1}\}.$$

Fix $y^* \in F$. As in Lemma 2.1 of [12], using 5r-covering theorem [11], we can find m_0 disjoint balls $B(y_i, 2\delta) \subset B(y^*, 1/2) = B(y^*, \delta^0/2)$ with $y_i \in F$ $(i = 1, 2, ..., m)$ such that

$$B(y^*, 1/2) \subset \cup_{i=1}^{m_0} B(y_i, 10\delta).$$

Therefore,

$$m_0 \cdot (10^t C_F) \delta^t \geq \sum_{i=1}^{m} \mu[B(y_i, 10\delta)] \geq \mu[B(y^*, 1/2)] \geq (1/2)^t,$$

which yields

$$m_0 \geq (20^t C_F)^{-1} \delta^{-t} > C\delta^{-s}.$$

Since $\Phi_1 = \{1, \cdots, n_\emptyset\}$ with $n_\emptyset = card(\Phi_1) \leq C\delta^{-s}$, from the family of balls $\{B(y_i, \delta)\}_{i=1}^{m_0}$, we may select balls $\{B(y_{i_1}, \delta)\}_{i_1 \in \Phi_1}$ with $y_{i_1} \in F$.

By induction on k, assume that we get a ball $B(y_{i_1 \cdots i_k}, \delta^k)$ with $i_1 \cdots i_k \in \Phi_k$ and $y_{i_1 \cdots i_k} \in F$. Using 5r-covering theorem again, we have $m_{i_1 \cdots i_k}$ disjoint balls $B(y_{i_1 \cdots i_k j}, 2\delta^{k+1}) \subset B(y_{i_1 \cdots i_k}, \delta^k/2)$ with $y_{i_1 \cdots i_k j} \in F$ $(j = 1, 2, ..., m_{i_1 \cdots i_k})$ such that

$$B(y_{i_1 \cdots i_k}, \delta^k/2) \subset \cup_{j=1}^{m_{i_1 \cdots i_k}} B(y_{i_1 \cdots i_k j}, 10\delta^{k+1}).$$

As in the discussion above, we have

$$m_{i_1 \cdots i_k} \geq (20^t C_F)^{-1} \delta^{-t} > C\delta^{-s} \geq n_{i_1 \cdots i_k}.$$

Thus we can choose a family $\{B(y_{i_1 \cdots . i_k j}, \delta^{k+1})\}_{i_1 \cdots i_k j \in \Phi_{k+1}}$ of balls such that

$$B(y_{i_1 \cdots i_k j}, \delta^{k+1}) \subset B(y_{i_1 \cdots . i_k}, \delta^k),$$

and for any $i_{k+1} \neq i'_{k+1}$ with $i_1 \cdots i_k i_{k+1}, i_1 \cdots i_k i'_{k+1} \in \Phi_{k+1}$,

$$d(B(y_{i_1 i_2 ... i_k i_{k+1}}, \delta^{k+1}), B(y_{i_1 i_2 ... i_k i'_{k+1}}, \delta^{k+1})) \geq \delta^{k+1}.$$

Setting

$$F' = \bigcap_{k=1}^{\infty} \bigcup_{i_1 i_2 ... i_k \in \Phi_k} [B(y_{i_1 i_2 ... i_k}, \delta^k) \cap F],$$

then $F' \subset F$.

For any $x \in E$, there is a unique infinite sequence $i_1(x) \cdots i_k(x) \cdots$ satisfying $i_1(x) \cdots i_k(x) \in \Phi_k$ for each k, and

$$\{x\} = \cap_{k \geq 1} E^{i_1(x) \cdots i_k(x)}.$$

Then a bijection f from E to F' is defined by

$$\{f(x)\} = \cap_{k \geq 1} [B(y_{i_1(x) \cdots i_k(x)}, \delta^k) \cap F],$$

where $B(y_{i_1 \cdots i_k i_{k+1}}, \delta^{k+1}) \subset B(y_{i_1 \cdots . i_k}, \delta^k)$ for every k.

It suffices to show f is a bilipschitz mapping. Suppose x, x' are distinct points of E and

$$x \in E^{i_1 \cdots i_k i_{k+1}} \text{ and } x' \in E^{i_1 \cdots i_k i'_{k+1}} \text{with } i_{k+1} \neq i'_{k+1}.$$

Then

$$C^{-1} \delta^{k+1} \leq d(E^{i_1 \cdots i_k i_{k+1}}, E^{i_1 \cdots i_k i'_{k+1}}) \leq |x - x'| \leq |E^{i_1 \cdots i_k}| \leq C\delta^k.$$

On the other hand,

$$\begin{aligned}
\delta^{k+1} &\leq d(B(y_{i_1\cdots i_k i_{k+1}}, \delta^{k+1}), B(y_{i_1\cdots i_k i'_{k+1}}, \delta^{k+1})) \\
&\leq |f(x) - f(x')| \\
&\leq |B(y_{i_1\cdots i_k}, \delta^k)| \leq 2\delta^k,
\end{aligned}$$

which concludes

$$C^{-1}\delta \leq |f(x) - f(x')|/|x - x'| \leq 2C\delta^{-1}.$$

4. Proofs of Theorem 1 and Proposition 3

To prove Theorem 1, it suffices to prove Proposition 3. In fact, let $t = \dim_H E_2 > \dim_H E_1$, since E_1 satisfies SSC, applying Proposition 2 and Proposition 1.(2), we only need to show that for any $\varepsilon > 0$, E_2 includes a t'-regular subset with $t' \in (t - \varepsilon, t]$.

Proof of Proposition 3:

Since F is a self-similar set, we have

$$\dim_H F = \dim_B F = t,$$

where $\dim_B(\cdot)$ is the Box dimension.

Without loss of generality, we assume $|F| = 1$ and $F \subset \mathbb{R}^n$.

Let $\mathcal{Q}_k$ be the collection of all 2-adic cubes with sidelength 2^{-k}, i.e.,

$$\mathcal{Q}_k = \{Q : Q = \prod_{i=1}^{n} [\frac{a_i}{2^k}, \frac{a_i + 1}{2^k}] \text{ with } a_i \in \mathbb{Z} \text{ for all } i\}.$$

Let

$$N_k = card\{Q \in \mathcal{Q}_k : F \cap Q \neq \varnothing\}.$$

By the definition of Box dimension, we have

$$\lim_{k\to\infty} \frac{\log N_k}{\log 2^k} = t.$$

For any fixed k, we get a collection of cubes with sidelength 2^{-k} which intersect F. Therefore there is a constant $C(n)$ only depending on n such that we can select a subset Υ_k of $\{Q \in \mathcal{Q}_k : F \cap Q \neq \varnothing\}$ such that

$$card(\Upsilon_k) \geq N_k/C(n)$$

and

$$Q_1 \cap Q_2 = \varnothing \tag{4.1}$$

for any distinct elements Q_1, Q_2 in Υ_k. Then (4.1) implies

$$d(Q_1, Q_2) \geq 2^{-k}.$$

For any $Q \in \Upsilon_k$, take a point $x_Q \in F \cap Q$ and an infinite sequence $j_1 \cdots j_t \cdots$ satisfying

$$\{x_Q\} = \cap_{t\geq 1} S_{j_1\cdots j_t}(F).$$

Find an index t_Q such that the ratio of $S_{j_1\cdots j_{t_Q}}$ belongs to

$$[r \cdot 2^{-k}/3, 2^{-k}/3],$$

where r is the least ratio of similitudes with respect to F. Write $\mathbf{S}_{\mathbf{j}_Q} = S_{j_1\cdots j_{t_Q}}$, and let r_Q denote the ratio of $\mathbf{S}_{\mathbf{j}_Q}$, then $r_Q \in [r \cdot 2^{-k}/3, 2^{-k}/3]$.

We shall verify $\{S_{\mathbf{j}_Q}\}_{Q \in \Upsilon_k}$ can generate a self-similar set F_k satisfying SSC. In fact, the corresponding invariant set F_k is contained in F, since

$$S_{\mathbf{j}_Q}(F) \subset F \text{ for any } Q \in \Upsilon_k.$$

That means the diameter $|F_k| \leq 1$, and thus

$$|S_{\mathbf{j}_Q}(F_k)| \leq r_Q |F_k| \leq 2^{-k}/3.$$

Therefore, for any distinct elements Q_1, Q_2 in Υ_k,

$$
\begin{aligned}
d(S_{\mathbf{j}_{Q_1}}(F_k), S_{\mathbf{j}_{Q_1}}(F_k)) &\geq d(Q_1, Q_2) - |S_{\mathbf{j}_{Q_1}}(F_k)| - |S_{\mathbf{j}_{Q_2}}(F_k)| \\
&\geq 2^{-k} - 2(2^{-k}/3) = 2^{-k}/3.
\end{aligned}
$$

Then $F_k = \cup_{Q \in \Upsilon_k} S_{\mathbf{j}_Q}(F_k)$ satisfies SSC, which implies that the Hausdorff dimension t_k of F_k is determined by

$$\sum_{Q \in \Upsilon_k} (r_Q)^{t_k} = 1,$$

where $r_Q \in [r \cdot 2^{-k}/3, 2^{-k}/3]$.

Therefore,

$$[N_k/C(n)](r2^{-k}/3)^{t_k} \leq card(\Upsilon_k)(r2^{-k}/3)^{t_k} \leq \sum_{Q \in \Upsilon_k} (r_Q)^{t_k} = 1.$$

As a result,

$$t_k \geq \frac{\log[N_k/C(n)]}{\log[2^k(3/r)]}.$$

Take k large enough, we have

$$t_k > t - \varepsilon.$$

Now, we get a self-similar set F_k satisfying SSC such that $F_k \subset F$. Here F_k is t_k-regular with $t_k \in (t - \varepsilon, t]$.

The proof of Proposition 3 is finished.

5. Proof of Theorem 3

5.1. Bilipschitz Equivalence of Self-similar Sets with SSC.

Let E, F be self-similar sets satisfying SSC, with ratios sets $\{r_i\}_{i=1}^n$ and $\{t_j\}_{j=1}^m$ respectively, satisfying

$$\sum_{i=1}^n r_i^s = \sum_{j=1}^m t_j^s = 1.$$

Write $\rho_j = t_j^s$ for $j = 1, \cdots, m$.

Recall that Σ_m^* is the set of all finite words composed of $1, \cdots, m$. Let $\Sigma_m = \{1, \cdots, m\}^\infty$ be a symbolic system equipped with the Bernoulli measure $\upsilon = (\rho_1, \cdots, \rho_m)$. The *cylinder* $[i_1 \cdots i_l]$ generated by the word $i_1 \cdots i_l$ is defined by $[i_1 \cdots i_l] = \{j_1 \cdots j_l \cdots \in \Sigma_m : j_1 \cdots j_l = i_1 \cdots i_l\}$. Then for each cylinder $[i_1 \cdots i_l]$,

$$\upsilon([i_1 \cdots i_l]) = \Pi_{t=1}^l \rho_{i_t}.$$

Given a word $i_1 \cdots i_k$ and a subset B of Σ_m, let

$$A = i_1 \cdots i_k B = \{i_1 \cdots i_k j_1 \cdots j_l \cdots : j_1 \cdots j_l \cdots \in B\}$$

and denote by $A \prec B$.

Lemma 3. [21] *Suppose E, F are self-similar sets satisfying SSC, with ratios sets $\{r_i\}_{i=1}^n$ and $\{t_j\}_{j=1}^m$ respectively, where $\sum_{i=1}^n r_i^s = \sum_{j=1}^m t_j^s = 1$. Let υ be the Bernoulli measure $(t_1^s, \cdots, t_m^s)$ on Σ_m. Then E and F are bilipschitz equivalent if and only if there are $\Omega_1, \Omega_2, \cdots, \Omega_k$, $\{\Delta_{i,j}\}_{1 \le i \le k, 1 \le j \le n}$, which are unions of finitely many cylinders in Σ_m, satisfying*

$$
\begin{array}{rcllll}
\Omega_1 & = & \Delta_{1,1} & \cup\Delta_{2,1} & \cdots & \cup\Delta_{1,n}, \\
\Omega_2 & = & \Delta_{2,1} & \cup\Delta_{2,2} & \cdots & \cup\Delta_{2,n}, \\
\vdots & \vdots & \vdots & \vdots & \ddots & \vdots \\
\Omega_k & = & \Delta_{k,1} & \cup\Delta_{k,2} & \cdots & \cup\Delta_{k,n},
\end{array}
$$

where

(1) *right side of every equality above is a disjoint union;*
(2) *for every (i,j), there exist $\beta \in \Sigma_m^*$ and $\gamma \in \mathbb{N} \cap [1,k]$ such that $\Delta_{i,j} = \beta\Omega_\gamma$;*
(3) *for every (i,j),*

$$
\frac{\upsilon(\Delta_{i,j})}{\upsilon(\Omega_i)} = r_j^s.
$$

5.2. **Proof of Theorem 3.**

We assume that F, F' are self-similar sets satisfying SSC and $\dim_H F = \dim_H F' = s$. Let $\{r_i\}_{i=1}^n, \{t_j\}_{j=1}^m$ be the corresponding ratio sets for F and F' respectively.

Let $K \subset F$, $K' \subset F'$ with $\mathcal{H}^s(K), \mathcal{H}^s(K') > 0$ such that K and K' are bilipschitz equivalent with the corresponding bilipschitz bijection $f : K \to K'$ satisfying

$$
C^{-1}|x - y| \le |f(x) - f(y)| \le C|x - y| \text{ for all } x, y \in K.
$$

We will show that F and F' are bilipschitz equivalent.

Suppose $H = \cup_{i=1}^n S_i(H)$ is a self-similar set satisfying SSC. For $j^* = j_1 \cdots j_k \in \Sigma_n^*$, write $S_{j^*} = S_{j_1} \circ \cdots \circ S_{j_k}$ and $H_{j^*} = S_{j^*}(H)$. H_{j^*} is called a *fine copy* of H.

Lemma 4. *Suppose F' is generated by m similitudes with ratios $\{t_j\}_{j=1}^m$. Then there is an integer N such that for any fine copy $\bar{F}$ of F, there exists a subset $\Lambda \subset \{1, \cdots, m\}^N$ so that*

$$
f(\bar{F} \cap K) = \bigcup_{j^* \in \Lambda} (F'_{j_1 \cdots j_k j^*} \cap K'),
$$

where $F'_{j_1 \cdots j_k}$ is the smallest fine copy containing $f(\bar{F} \cap K)$.

Proof. Take N large enough such that

$$
(\max_j t_j)^N < [\min_{i_1 \ne i_2} d(F_{i_1}, F_{i_2})/|F|] \cdot [\min_{l_1 \ne l_2} d(F'_{l_1}, F'_{l_2})/|F'|]/C^2. \tag{5.1}
$$

We will show N is the integer desired.

Suppose on the contrary, there exist y_1, y_2 and a fine copy $F'_{j_1 \cdots j_k j^*}$ ($|j^*| = N$) containing y_1, y_2 such that $y_1 \in f(\bar{F} \cap K)$, $y_2 \in K' \backslash f(\bar{F} \cap K)$. Thus

$$
\begin{aligned}
(\max_j t_j)^N |F'_{j_1 \cdots j_k}| & \ge & |F'_{j_1 \cdots j_k j^*}| \ge |y_1 - y_2| \\
& \ge & C^{-1} d(\bar{F} \cap K, K \backslash \bar{F}) \ge C^{-1} d(\bar{F}, F \backslash \bar{F}) \\
& \ge & C^{-1} [\min_{i_1 \ne i_2} d(F_{i_1}, F_{i_2})/|F|] |\bar{F}|.
\end{aligned}
$$

Since $F'_{j_1\cdots j_k}$ is the smallest fine copy containing $f(\bar{F}\cap K)$, there are distinct j and j' such that $f(\bar{F}\cap K)\cap F'_{j_1\cdots j_k j}\neq\varnothing$, $f(\bar{F}\cap K)\cap F'_{j_1\cdots j_k j'}\neq\varnothing$. Therefore,

$$
\begin{aligned}
|\bar{F}|\geq |\bar{F}\cap K| &\geq C^{-1}|f(\bar{F}\cap K)| \\
&\geq C^{-1}\min_{j_{k+1}\neq j'_{k+1}} d(F'_{j_1\cdots j_k j_{k+1}}, F'_{j_1\cdots j_k j'_{k+1}}) \\
&\geq C^{-1}(|F'_{j_1\cdots j_k}|/|F'|)\min_{l_1\neq l_2} d(F'_{l_1}, F'_{l_2}).
\end{aligned}
$$

Therefore,

$$
(\max_j t_j)^N |F'_{j_1\cdots j_k}|\geq [\min_{i_1\neq i_2} d(F_{i_1}, F_{i_2})/|F|][\min_{l_1\neq l_2} d(F'_{l_1}, F'_{l_2})/|F'|]|F'_{j_1\cdots j_k}|/C^2,
$$

which implies

$$
(\max_j t_j)^N \geq [\min_{i_1\neq i_2} d(F_{i_1}, F_{i_2})/|F|][\min_{l_1\neq l_2} d(F'_{l_1}, F'_{l_2})/|F'|]/C^2,
$$

which contradicts (5.1). $\qquad\square$

Let N be the integer defined in Lemma 4.

For a fine copy $F_{\mathbf{i}}$ with $F_{\mathbf{i}}\cap K\neq\varnothing$, we get a decomposition

$$
F_{\mathbf{i}}=\cup_{u=1}^n F_{\mathbf{i}*u}.
$$

Then by Lemma 4, there is a subset $\Lambda_{\mathbf{i}}\subset\{1,\cdots,m\}^N$ such that

$$
f(F_{\mathbf{i}}\cap K)=\bigcup_{j^*\in\Lambda_{\mathbf{i}}}(F'_{\mathbf{j(i)}*j^*}\cap K') \tag{5.2}
$$

where $F'_{\mathbf{j(i)}}$ is the smallest fine copy containing $f(F_{\mathbf{i}}\cap K)$. Let

$$
\bar{\Omega}_{\mathbf{i}}=\cup_{j^*\in\Lambda_{\mathbf{i}}}[j^*], \tag{5.3}
$$

where $[j^*]$ is the cylinder.

Notice that

$$
\bigcup_{j^*\in\Lambda_{\mathbf{i}}}(F'_{\mathbf{j(i)}*j^*}\cap K')=f(F_{\mathbf{i}}\cap K)=\cup_{u=1}^n f(F_{\mathbf{i}*u}\cap K). \tag{5.4}
$$

Suppose that $F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)}$ is the smallest fine copy containing $f(F_{\mathbf{i}*u}\cap K)$ with $\bar{\beta}(\mathbf{i},u)\in\Sigma_m^*$. Then by Lemma 4 and (5.2), we have

$$
\cup_{u=1}^n f(F_{\mathbf{i}*u}\cap K)=\cup_{u=1}^n[\bigcup_{v^*\in\Lambda_{\mathbf{i}*u}}F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*}\cap K']. \tag{5.5}
$$

It follows from (5.4) and (5.5) that

$$
\bigcup_{j^*\in\Lambda_{\mathbf{i}}}(F'_{\mathbf{j(i)}*j^*}\cap K')=\cup_{u=1}^n[\bigcup_{v^*\in\Lambda_{\mathbf{i}*u}}F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*}\cap K']. \tag{5.6}
$$

Let $\bar{\Delta}_{\mathbf{i},u}=\cup_{v^*\in\Lambda_{\mathbf{i}*u}}[\bar{\beta}(\mathbf{i},u)*v^*]$, then

$$
\bar{\Delta}_{\mathbf{i},u}=\bar{\beta}(\mathbf{i},u)(\cup_{v^*\in\Lambda_{\mathbf{i}*u}}[v^*])=\bar{\beta}(\mathbf{i},u)\bar{\Omega}_{\mathbf{i}*u}. \tag{5.7}
$$

By (5.6), we have

$$
\bigcup_{j^*\in\Lambda_{\mathbf{i}}}[\mathbf{j(i)}*j^*]=\cup_{u=1}^n\bigcup_{v^*\in\Lambda_{\mathbf{i}*u}}[\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*],
$$

i.e.,

$$
\bigcup_{j^*\in\Lambda_{\mathbf{i}}}[j^*]=\cup_{u=1}^n\bigcup_{v^*\in\Lambda_{\mathbf{i}*u}}[\bar{\beta}(\mathbf{i},u)*v^*],
$$

which implies

$$
\bar{\Omega}_{\mathbf{i}}=\cup_{u=1}^n\bar{\Delta}_{\mathbf{i},u}. \tag{5.8}
$$

Notice that (5.8) is a disjoint union, and

$$\bar{\Delta}_{\mathbf{i},u} \prec \bar{\Omega}_{\mathbf{i}*u} \text{ for all } u. \tag{5.9}$$

Let $\bar{v}$ be Borel measure defined by

$$\bar{v}(A) = \mathcal{H}^s(f(A)) \text{ for all } A \subset K.$$

Since $f : K \to K'$ is bilipschitz, $\bar{v}$ is an absolutely continuous measure with respect to $\mathcal{H}^s|_K$. Therefore, there exists Radon-Nikodym derivative

$$Df(x) = \lim_{r \to 0} \frac{\mathcal{H}^s(f(K \cap B(x,r))}{\mathcal{H}^s(K \cap B(x,r))} \text{ for } \mathcal{H}^s\text{-almost all } x \in K,$$

such that for any Borel set $A \subset K$,

$$\mathcal{H}^s(f(A)) = \int_A Df(x) d\mathcal{H}^s|_K(x).$$

Let $a > 0$ be the essential supremum of Df, i.e.,

$$a := \inf\{b : \mathcal{H}^s\{x \in K : Df(x) \geq b\} = 0\}.$$

Then for any Borel set $A \subset K$,

$$\mathcal{H}^s(f(A)) \leq a\mathcal{H}^s(A). \tag{5.10}$$

Recall that C is the bilipschitz constant of f, by the property of the Hausdorff measure, $\mathcal{H}^s(f(K \cap B(x,r)) \leq C^s \cdot \mathcal{H}^s(K \cap B(x,r))$, so $Df(x) \leq C^s$ for $\mathcal{H}^s$-almost all $x \in K$. It follows that $a \leq C^s < \infty$.

Lemma 5. *Let $c > 0$ and suppose D is a fine copy of F, satisfying*

$$D \subset B(x,r) \text{ and } |D| \geq c \cdot r,$$

where the ball $B(x,r)$ satisfies

$$\left(1 - \frac{\mathcal{H}^s(B(x,r) \cap K)}{\mathcal{H}^s(B(x,r) \cap F)}\right) \leq \varsigma \text{ and } \left(a - \frac{\mathcal{H}^s(f(B(x,r) \cap K))}{\mathcal{H}^s(B(x,r) \cap K)}\right) \leq \varepsilon.$$

Then there is a constant $c^* > 0$ only depending on c and F such that

$$\left(1 - \frac{\mathcal{H}^s(D \cap K)}{\mathcal{H}^s(D)}\right) \leq c^*\varsigma, \tag{5.11}$$

$$\left(a - \frac{\mathcal{H}^s(f(D \cap K))}{\mathcal{H}^s(D \cap K)}\right) \leq c^*[1 - c^*\varsigma]^{-1}\varepsilon. \tag{5.12}$$

Proof. The self-similar set F with SSC, equipped with Hausdorff measure $\mathcal{H}^s|_F$, is s-regular. That means for any $x \in F$ and $r \leq |F|$,

$$\mathcal{H}^s(B(x,r) \cap F) \leq C_F r^s$$

for some constant $C_F > 0$. Suppose $D = S(F)$, where S is a similitude with ratio r_D. Then $\mathcal{H}^s(D) = r_D^s \mathcal{H}^s(F)$, $|D| = r_D|F|$, which implies

$$\begin{aligned} \mathcal{H}^s(D) &= [|D|^s \mathcal{H}^s(F)]/|F|^s \geq [c^s \mathcal{H}^s(F)/|F|^s]r^s \\ &\geq [c^s \mathcal{H}^s(F)/(|F|^s C_F)]\mathcal{H}^s(B(x,r) \cap F). \end{aligned}$$

Let $c^* = (|F|^s C_F)/(c^s \mathcal{H}^s(F))$, where c^* only depends on c and F. Then

$$\mathcal{H}^s(D) \geq (c^*)^{-1}\mathcal{H}^s(B(x,r) \cap F), \tag{5.13}$$

Notice that

$$[1 - \frac{\mathcal{H}^s(D \cap K)}{\mathcal{H}^s(D)}] \cdot \mathcal{H}^s(D)$$
$$= \quad \mathcal{H}^s(D \backslash K)$$
$$\leq \quad \mathcal{H}^s((B(x,r) \cap F) \backslash K)$$
$$= \quad \mathcal{H}^s(B(x,r) \cap F) - \mathcal{H}^s(B(x,r) \cap K)$$
$$\leq \quad [1 - \frac{\mathcal{H}^s(B(x,r) \cap K)}{\mathcal{H}^s(B(x,r) \cap F)}] \cdot \mathcal{H}^s(B(x,r) \cap F).$$

Then (5.11) follows from (5.13).

Notice that

$$\frac{\mathcal{H}^s(f(D \cap K)) + \mathcal{H}^s(f[B(x,r) \cap (K \backslash D)])}{\mathcal{H}^s(D \cap K) + \mathcal{H}^s(B(x,r) \cap (K \backslash D))} = \frac{\mathcal{H}^s(f(B(x,r) \cap K))}{\mathcal{H}^s(B(x,r) \cap K)}. \qquad (5.14)$$

By (5.10), we have

$$\mathcal{H}^s(f[B(x,r) \cap (K \backslash D)]) \leq a \cdot \mathcal{H}^s[B(x,r) \cap (K \backslash D)]. \qquad (5.15)$$

From (5.11), we also have

$$\mathcal{H}^s(D \cap K) \quad \geq \quad [1 - c^* \varsigma] \mathcal{H}^s(D) \qquad\qquad (5.16)$$
$$\geq \quad [1 - c^* \varsigma](c^*)^{-1} \mathcal{H}^s(B(x,r) \cap F)$$
$$\geq \quad [1 - c^* \varsigma](c^*)^{-1} \mathcal{H}^s(B(x,r) \cap K).$$

It follows from (5.14) and (5.15) that

$$a - \frac{\mathcal{H}^s(f(D \cap K))}{\mathcal{H}^s(D \cap K)} \quad \leq \quad \left(a - \frac{\mathcal{H}^s(f(B(x,r) \cap K))}{\mathcal{H}^s(B(x,r) \cap K)} \right) \frac{\mathcal{H}^s(B(x,r) \cap K)}{\mathcal{H}^s(D \cap K)}$$
$$\leq \quad c^*[1 - c^* \varsigma]^{-1} \varepsilon, \quad \text{(using estimation (5.16))}$$

which yields estimation (5.12).   □

We can get an estimation similar to (5.11) for fine copy of F'.

Lemma 6. *Let D' be a fine copy of F', satisfying*

$$D' \subset B(x',r') \text{ and } |D'| \geq d \cdot r' \text{ with } d > 0.$$

Then there is a constant $d^* > 0$ only depending on d and F' such that

$$\left(1 - \frac{\mathcal{H}^s(D' \cap K')}{\mathcal{H}^s(D')} \right) \leq d^* \left(1 - \frac{\mathcal{H}^s(B(x',r') \cap K')}{\mathcal{H}^s(B(x',r') \cap F')} \right). \qquad (5.17)$$

As shown above, for a fine copy $F_{\mathbf{i}}$ with $F_{\mathbf{i}} \cap K \neq \varnothing$, we have

$$f(F_{\mathbf{i}} \cap K) \quad = \quad \bigcup_{j^* \in \Lambda_{\mathbf{i}}} (F'_{\mathbf{j}(\mathbf{i}) * j^*} \cap K'), \qquad\qquad (5.18)$$
$$= \quad \cup_{u=1}^n [\bigcup_{v^* \in \Lambda_{\mathbf{i}*u}} F'_{\mathbf{j}(\mathbf{i}) * \bar{\beta}(\mathbf{i},u) * v^*} \cap K'].$$

Given $c > 0$, let c^* be the constant mentioned in Lemma 5. Recall that $C \geq 1$ is the bilipschitz constant of $f : K \to K'$. We denote $\alpha_t \asymp \beta_t$, if there is a constant $\kappa > 0$ independent of t such that for any index t,

$$\kappa \beta_t \leq \alpha_t \leq \kappa^{-1} \beta_t.$$

Keep the notations of (5.18) in the following lemma.

Lemma 7. *Suppose $x \in K$, $F_{\mathbf{i}} \subset B(x, r)$ with $|F_{\mathbf{i}}| \geq |F_{\mathbf{i}*u}| \geq cr$ for every u, and*

$$\left(1 - \frac{\mathcal{H}^s(B(x, r) \cap K)}{\mathcal{H}^s(B(x, r) \cap F)}\right) \leq (c^*)^{-1}(1 - \max_i r_i^s)/2. \tag{5.19}$$

Then we have

$$|F_{\mathbf{i}}| \asymp |F_{\mathbf{i}} \cap K| \asymp |F'_{\mathbf{j(i)}}| \asymp |F'_{\mathbf{j(i)}*j^*}| \asymp |F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*}|. \tag{5.20}$$

As a consequence, there is a constant $\kappa > 0$ independent of c such that

$$|F'_{\mathbf{j(i)}}| \geq |F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*}| \geq \kappa(cr), \tag{5.21}$$

where

$$F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*} \subset F'_{\mathbf{j(i)}} \subset B(f(x), (C + 2\kappa^{-1})r). \tag{5.22}$$

Proof. We conclude that there are at least two distinct letters j_1 and j_2 such that

$$F_{\mathbf{i}*j_1} \cap K \neq \varnothing \text{ and } F_{\mathbf{i}*j_2} \cap K \neq \varnothing. \tag{5.23}$$

On the contrary, suppose there exists only one letter j such that $F_{\mathbf{i}*j} \cap K \neq \varnothing$, that means

$$F_{\mathbf{i}} \cap K \subset F_{\mathbf{i}*j}.$$

Applying (5.19) to Lemma 5, we have

$$\begin{aligned}
(1 - \max_i r_i^s)/2 &\geq 1 - \mathcal{H}^s(F_{\mathbf{i}} \cap K)/\mathcal{H}^s(F_{\mathbf{i}}) \\
&= 1 - \mathcal{H}^s(F_{\mathbf{i}*j} \cap K)/\mathcal{H}^s(F_{\mathbf{i}}) \\
&\geq 1 - \mathcal{H}^s(F_{\mathbf{i}*j})/\mathcal{H}^s(F_{\mathbf{i}}) \\
&\geq 1 - \max_i r_i^s,
\end{aligned}$$

this is a contradiction. By (5.23), we have

$$|F_{\mathbf{i}}| \geq |F_{\mathbf{i}} \cap K| \geq d(F_{\mathbf{i}*j_1}, F_{\mathbf{i}*j_2}) \geq [(\min_{i \neq i'} d(F_i, F_{i'}))/|F|] \cdot |F_{\mathbf{i}}|. \tag{5.24}$$

That means

$$|F_{\mathbf{i}}| \asymp |F_{\mathbf{i}} \cap K|.$$

On the other hand, since f is bilipschitz, we have

$$|F_{\mathbf{i}} \cap K| \asymp |f(F_{\mathbf{i}} \cap K)|.$$

Notice that $F'_{\mathbf{j(i)}}$ is the smallest fine copy of F' such that $F'_{\mathbf{j(i)}}$ contains $f(F_{\mathbf{i}} \cap K)$, then there are distinct letters j'_1 and j'_2 such that

$$F'_{\mathbf{j(i)}*j'_1} \cap f(F_{\mathbf{i}} \cap K) \neq \varnothing \text{ and } F'_{\mathbf{j(i)}*j'_2} \cap f(F_{\mathbf{i}} \cap K) \neq \varnothing,$$

by an analogue discussion to (5.24), we get

$$|f(F_{\mathbf{i}} \cap K)| \asymp |F'_{\mathbf{j(i)}}|.$$

Since $|j^*| = N$,

$$|F'_{\mathbf{j(i)}}| \asymp |F'_{\mathbf{j(i)}*j^*}|.$$

Here $\mathbf{j(i)} * \bar{\beta}(\mathbf{i}, u) = \mathbf{j}(\mathbf{i} * u)$ and $|v^*| = N$, by similar discussion as above, we have

$$|F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*}| \asymp |F'_{\mathbf{j(i}*u)}| \asymp |F_{\mathbf{i}*u}| \asymp |F_{\mathbf{i}}|.$$

Therefore (5.20) is proved. Suppose κ is the constant of (5.20), then

$$|F'_{\mathbf{j(i)}}|, |F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*}| \geq \kappa|F_{\mathbf{i}}| \geq \kappa(cr).$$

Given $f(y) \in F'_{\mathbf{j(i)}} \cap K'$ with $y \in F_{\mathbf{i}} \subset B(x, r)$, we have

$$|f(y) - f(x)| \leq C|y - x| \leq Cr,$$

and thus

$$F'_{\mathbf{j(i)}} \subset B(f(x), Cr + |F'_{\mathbf{j(i)}}|) \subset B(f(x), (Cr + \kappa^{-1}|F_{\mathbf{i}}|)) \subset B(f(x), (C + 2\kappa^{-1})r).$$

Therefore, $F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*} \subset F'_{\mathbf{j(i)}} \subset B(f(x), (C + 2\kappa^{-1})r)$. □

Remark 6. By (5.20), we have $|F'_{\mathbf{j(i)}}| \asymp |F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*}|$, which implies that the length of $\bar{\beta}(\mathbf{i}, u)$ is uniformly bounded, i.e., there exists a constant ϑ independent of $\mathbf{i}, u$ such that

$$|\bar{\beta}(\mathbf{i}, u)| \leq \vartheta.$$

Given $B(x, r)$ with $x \in K$, we can take a largest fine copy $F_{\mathbf{i}}$ such that

$$x \in F_{\mathbf{i}} \subset B(x, r).$$

Then $|F_{\mathbf{i}}| \geq c_1 r$, where constant $c_1 = \min_i r_i$. Let

$$c = c_1(\min_i r_i)^{2^{(m^N)}} = (\min_i r_i)^{2^{(m^N)}+1}, \tag{5.25}$$

and

$$d = [\kappa/(C + 2\kappa^{-1})]c. \tag{5.26}$$

Suppose c^* and d^* are the corresponding constants as in Lemmas 5 and 6.

Assume that $\{\varepsilon_k\}_k$, $\{\varsigma_k\}_k$ and $\{r_k\}_k$ are sequences of positive numbers such that

$$\lim_k \varepsilon_k = \lim_k \varsigma_k = \lim_k r_k = 0.$$

Here we assume that $\sup_k \varsigma_k < (c^*)^{-1}(1 - \max_i r_i^s)/2$.

Let

$$\delta_k = \frac{a}{a - c^*(1 - c^*\varsigma_k)^{-1}\varepsilon_k} - 1.$$

Then $\lim_k \delta_k = 0$, and

$$|z_1/z_2 - 1| \leq \delta_k, \tag{5.27}$$

for any $z_1, z_2 \in [a - c^*(1 - c^*\varsigma_k)^{-1}\varepsilon_k, a]$.

Since $\mathcal{H}^s(K)$, $\mathcal{H}^s(K') > 0$, by Corollary 2.14 of [11], for $\mathcal{H}^s$-almost all $x \in K$, we have

$$\lim_{r \to 0} \frac{\mathcal{H}^s(B(x, r) \cap K)}{\mathcal{H}^s(B(x, r) \cap F)} = \lim_{r \to 0} \frac{\mathcal{H}^s(B(f(x), r) \cap K')}{\mathcal{H}^s(B(f(x), r) \cap F')} = 1.$$

Furthermore, considering the point x such that $D(f)(x)$ is close to a, we can take points $x_k \in K$ and $x'_k \in K'$ such that $f(x_k) = x'_k$ and

$$1 - \frac{\mathcal{H}^s(B(x_k, r_k) \cap K)}{\mathcal{H}^s(B(x_k, r_k) \cap F)} \leq \varsigma_k,$$

$$1 - \frac{\mathcal{H}^s(B(x'_k, (C + 2\kappa^{-1})r_k) \cap K')}{\mathcal{H}^s(B(x'_k, (C + 2\kappa^{-1})r_k) \cap F')} \leq \varsigma_k,$$

$$a - \frac{\mathcal{H}^s(f(B(x_k, r_k) \cap K))}{\mathcal{H}^s(B(x_k, r_k) \cap K)} \leq \varepsilon_k.$$

We can take a largest fine copy $F_{\mathbf{i}_k}$ such that

$$x_k \in F_{\mathbf{i}_k} \subset B(x_k, r_k).$$

Then $|F_{\mathbf{i}_k}| \geq c_1 r_k$ with $c_1 = \min_i r_i$. Since $\{1, \cdots, m\}^N$ contains $(2^{(m^N)} - 1)$ non-empty subsets, we have the following result.

Lemma 8. *There is an integer $M_k \leq 2^{(m^N)} - 1$ such that for any word $u_1 \cdots u_{M_k+1}$ with length $M_k + 1$, there exists word $v_1 \cdots v_t$ with $0 \leq t \leq M_k$ satisfying*

$$\bar{\Omega}_{\mathbf{i}_k * (u_1 \cdots u_{M_k+1})} = \bar{\Omega}_{\mathbf{i}_k * (v_1 \cdots v_t)},$$

Proof. Fix k. For any $M \geq 1$, we consider the set

$$\Xi_M = \cup_{l=1}^M \{\bar{\Omega}_{\mathbf{i}_k * (u_1 \cdots u_l)} : u_1 \cdots u_l \in \{1, \cdots, n\}^l\}.$$

Then we have $card(\Xi_M) \leq 2^{(m^N)} - 1$ and

$$\Xi_1 \subset \Xi_2 \subset \cdots \subset \Xi_{M-1} \subset \Xi_M \subset \cdots \subset \Xi_{2^{(m^N)}-1} \subset \Xi_{2^{(m^N)}}.$$

If $\Xi_M = \Xi_{M+1}$ for some $M \leq 2^{(m^N)} - 1$, then M is the integer desired. Otherwise, for any $M \leq 2^{(m^N)} - 1$,

$$card(\Xi_{M+1}) - card(\Xi_M) \geq 1,$$

which implies

$$
\begin{aligned}
2^{(m^N)} - 1 &\geq card(\Xi_{2^{(m^N)}}) \\
&\geq card(\Xi_1) + \sum_{i=1}^{2^{(m^N)}-1} [card(\Xi_{M+1}) - card(\Xi_M)] \\
&\geq 1 + (2^{(m^N)} - 1) = 2^{(m^N)}.
\end{aligned}
$$

This is a contradiction. $\square$

Since $M_k \leq 2^{(m^N)} - 1$, for any word $u_1 \cdots u_s$ with $0 \leq s \leq M_k + 1 (\leq 2^{(m^N)})$, we have

$$|F_{\mathbf{i}_k * (u_1 \cdots u_s)}| \geq |F_{\mathbf{i}_k}| (\min_i r_i)^{2^{(m^N)}} \geq r_k (\min_i r_i)^{2^{(m^N)}+1}.$$

Therefore, for any $u_1 \cdots u_s$ with $s \leq M_k + 1 (\leq 2^{(m^N)})$,

$$|F_{\mathbf{i}_k * (u_1 \cdots u_s)}| \geq c r_k \text{ and } F_{\mathbf{i}_k * (u_1 \cdots u_s)} \subset B(x_k, r_k), \tag{5.28}$$

where $c = (\min_i r_i)^{2^{(m^N)}+1}$ defined as above. For any word $\mathbf{j}$ with length $|\mathbf{j}| = (M_k + 1)$, there exists $\mathbf{j}'$ with length $|\mathbf{j}'| \leq M_k$ such that

$$\bar{\Omega}_{\mathbf{i}_k * \mathbf{j}} = \bar{\Omega}_{\mathbf{i}_k * \mathbf{j}'}. \tag{5.29}$$

By Lemma 4, Remark 6 and (5.7), the following sets are finite:

$$\left\{ \bar{\Omega}_{\mathbf{i}_k * (u_1 \cdots u_s)} : k \geq 1, \ u_1 \cdots u_s \in \{1, \cdots, m\}^s \text{ with } s \leq M_k + 1 \right\},$$

$$\left\{ \bar{\beta}(\mathbf{i}_k * (u_1 \cdots u_s), u) : k \geq 1, \ u_1 \cdots u_s \in \{1, \cdots, m\}^s \text{ with } s \leq M_k, \ 1 \leq u \leq n \right\},$$

$$\left\{ \bar{\Delta}_{\mathbf{i}_k * (u_1 \cdots u_s), u} : k \geq 1, \ u_1 \cdots u_s \in \{1, \cdots, m\}^s \text{ with } s \leq M_k, \ 1 \leq u \leq n \right\}.$$

Therefore, we can select a subsequence $k_1 < k_2 < \cdots < k_t < \cdots$ with $\lim_{t\to\infty} k_t = \infty$ such that for all t,

$$
\begin{aligned}
M_{k_t} &= M_{k_{t+1}} \equiv M, \\
\bar{\Omega}_{\mathbf{i}_{k_t}*(u_1\cdots u_s)} &= \bar{\Omega}_{\mathbf{i}_{k_{t+1}}*(u_1\cdots u_s)}, \\
\bar{\Delta}_{\mathbf{i}_{k_t}*(u_1\cdots u_s),\,u} &= \bar{\Delta}_{\mathbf{i}_{k_{t+1}}*(u_1\cdots u_s),\,u}, \\
\bar{\beta}(\mathbf{i}_{k_t}*(u_1\cdots u_s),u) &= \bar{\beta}(\mathbf{i}_{k_{t+1}}*(u_1\cdots u_s),u),
\end{aligned}
$$

for any word $u_1\cdots u_s$ with $0 \le s \le M$ and any u with $1 \le u \le n$. Denote

$$
\begin{aligned}
\Omega_{u_1\cdots u_s} &= \bar{\Omega}_{\mathbf{i}_{k_t}*(u_1\cdots u_s)}, \\
\Delta_{u_1\cdots u_s,\,u} &= \bar{\Delta}_{\mathbf{i}_{k_t}*(u_1\cdots u_s),\,u}, \\
\beta((u_1\cdots u_s),u) &= \bar{\beta}(\mathbf{i}_{k_t}*(u_1\cdots u_s),u).
\end{aligned}
$$

Then

$$
\Omega_{u_1\cdots u_s} = \cup_{u=1}^n \Delta_{u_1\cdots u_s,\,u}, \tag{5.30}
$$

Notice that

$$
\Delta_{u_1\cdots u_s,\,u_{s+1}} \prec \Omega_{u_1\cdots u_s u_{s+1}} \text{ for } 0 \le s \le M-1. \tag{5.31}
$$

For word $u_1\cdots u_M u_{M+1}$, there exists $v_1\cdots v_s$ with $0 \le s \le M$ such that

$$
\Delta_{u_1\cdots u_M,\,u_{M+1}} = \beta(u_1\cdots u_M, u_{M+1})\Omega_{v_1\cdots v_s},
$$

that is

$$
\Delta_{u_1\cdots u_M,\,u_{M+1}} \prec \Omega_{v_1\cdots v_s}. \tag{5.32}
$$

According to Lemma 3, we shall verify that for all u and $u_1\cdots u_s$ with $s \le M$,

$$
\frac{\upsilon(\Delta_{u_1\cdots u_s,u})}{\upsilon(\Omega_{u_1\cdots u_s})} = r_u^s, \tag{5.33}
$$

where υ is defined in Subsection 5.1.

Let $\mathbf{i} = \mathbf{i}_{k_t}*(u_1\cdots u_s)$. Then it follows from (5.28) and Lemma 5 that

$$
\frac{\mathcal{H}^s(f(F_{\mathbf{i}*u}\cap K))}{\mathcal{H}^s(F_{\mathbf{i}*u}\cap K)},\ \frac{\mathcal{H}^s(f(F_{\mathbf{i}}\cap K))}{\mathcal{H}^s(F_{\mathbf{i}}\cap K)} \ge a - c^*[1-c^*\varsigma_{k_t}]^{-1}\varepsilon_{k_t}.
$$

By (5.27), we have

$$
\left|\left[\frac{\mathcal{H}^s(f(F_{\mathbf{i}}\cap K))}{\mathcal{H}^s(F_{\mathbf{i}}\cap K)}\right]/\left[\frac{\mathcal{H}^s(f(F_{\mathbf{i}*u}\cap K))}{\mathcal{H}^s(F_{\mathbf{i}*u}\cap K)}\right] - 1\right| \le \delta_{k_t}, \tag{5.34}
$$

That means

$$
\left|\left[\frac{\mathcal{H}^s(F_{\mathbf{i}*u}\cap K)}{\mathcal{H}^s(F_{\mathbf{i}}\cap K)}\right]/\left[\frac{\mathcal{H}^s(f(F_{\mathbf{i}*u}\cap K))}{\mathcal{H}^s(f(F_{\mathbf{i}}\cap K))}\right] - 1\right| \le \delta_{k_t}. \tag{5.35}
$$

It follows from (5.28) and Lemma 5,

$$
\frac{\mathcal{H}^s(F_{\mathbf{i}}\cap K)}{\mathcal{H}^s(F_{\mathbf{i}})},\ \frac{\mathcal{H}^s(F_{\mathbf{i}*u}\cap K)}{\mathcal{H}^s(F_{\mathbf{i}*u})} \ge 1 - c^*\varsigma_{k_t}.
$$

Therefore,

$$
\left|\left[\frac{\mathcal{H}^s(F_{\mathbf{i}*u}\cap K)}{\mathcal{H}^s(F_{\mathbf{i}}\cap K)}\right]/\left[\frac{\mathcal{H}^s(F_{\mathbf{i}*u})}{\mathcal{H}^s(F_{\mathbf{i}})}\right] - 1\right| \le \frac{1}{1-c^*\varsigma_{k_t}} - 1. \tag{5.36}
$$

On the other hand,

$$
\frac{\mathcal{H}^s(F_{\mathbf{i}*u})}{\mathcal{H}^s(F_{\mathbf{i}})} = r_u^s. \tag{5.37}
$$

Suppose $F'_{\mathbf{j(i)}}$ is the smallest fine copy containing $f(F_{\mathbf{i}} \cap K)$, and

$$\bigcup_{j^* \in \Lambda_{\mathbf{i}}} (F'_{\mathbf{j(i)}*j^*} \cap K') = \cup_{u=1}^n [\bigcup_{v^* \in \Lambda_{\mathbf{i}*u}} F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*} \cap K'].$$

In fact, for $\mathbf{i} = \mathbf{i}_{k_t} * (u_1 \cdots u_s)$, we have

$$\frac{\upsilon(\Delta_{u_1 \cdots u_s, u})}{\upsilon(\Omega_{u_1 \cdots u_s})} = \frac{\sum_{v^* \in \Lambda_{\mathbf{i}*u}} \mathcal{H}^s(F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*})}{\sum_{j^* \in \Lambda_{\mathbf{i}}} \mathcal{H}^s(F'_{\mathbf{j(i)}*j^*})}. \tag{5.38}$$

Applying (5.21), (5.22), (5.26) to Lemmas 6, we obtain a constant d^* such that for $j^* \in \Lambda_{\mathbf{i}}$ and $v^* \in \Lambda_{\mathbf{i}*u}$,

$$\max \left(1 - \frac{\mathcal{H}^s(F'_{\mathbf{j(i)}*j^*} \cap K)}{\mathcal{H}^s(F'_{\mathbf{j(i)}*j^*})}, \quad 1 - \frac{\mathcal{H}^s(F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*} \cap K)}{\mathcal{H}^s(F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*})} \right) \tag{5.39}$$

$$\leq \quad d^*[1 - \frac{\mathcal{H}^s(B(x'_{k_t}, (C + 2\kappa^{-1})r_{k_t}) \cap K')}{\mathcal{H}^s(B(x'_{k_t}, (C + 2\kappa^{-1})r_{k_t}) \cap F')}]$$

$$\leq \quad d^* \varsigma_{k_t}.$$

For $\mathbf{i} = \mathbf{i}_{k_t} * (u_1 \cdots u_s)$, by (5.38) and (5.39), we have

$$\left| [\frac{\mathcal{H}^s(f(F_{\mathbf{i}*u} \cap K))}{\mathcal{H}^s(f(F_{\mathbf{i}} \cap K))}] / [\frac{\upsilon(\Delta_{u_1 \cdots u_s, u})}{\upsilon(\Omega_{u_1 \cdots u_s})}] - 1 \right| \tag{5.40}$$

$$= \quad \left| [\frac{\sum_{v^* \in \Lambda_{\mathbf{i}*u}} \mathcal{H}^s(F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*} \cap K)}{\sum_{v^* \in \Lambda_{\mathbf{i}*u}} \mathcal{H}^s(F'_{\mathbf{j(i)}*\bar{\beta}(\mathbf{i},u)*v^*})}] / [\frac{\sum_{j^* \in \Lambda_{\mathbf{i}}} \mathcal{H}^s(F'_{\mathbf{j(i)}*j^*} \cap K)}{\sum_{j^* \in \Lambda_{\mathbf{i}}} \mathcal{H}^s(F'_{\mathbf{j(i)}*j^*})}] - 1 \right|$$

$$\leq \quad \frac{1}{1 - d^* \varsigma_{k_t}} - 1.$$

Letting $t \to \infty$, we get (5.33) from (5.35), (5.36), (5.37) and (5.40).

Finally, Theorem 3 follows from (5.30)-(5.33) and Lemma 3.

6. BILIPSCHITZ EMBEDDING ABOUT 1-REGULAR SET

Given s-regular set E and t-regular set F with $s < t$, [12] proved that for any $s_1 < s$, there is a s_1-regular subset of E, which can be bilipschitz embedded into F. How about $s_1 = s$? Investigate the following question:

Can we find a subset of E with positive s-dimensional Hausdorff measure, such that E can be bilipschitz embedded into F?

In fact, this is true for $s < 1$ ([12]), but this is false for $s = 1$ by Proposition 4.

Proposition 4. Suppose B is a subset of $[0,1]$ with positive Lebesgue measure. Then B can not be bilipschitz embedded into any self-similar set satisfying SSC.

Proof. Suppose there is a bilipschitz mapping $f : B \to f(B) \subset E$, where E is a self-similar set satisfying SSC. Let C be the bilipschitz constant of f. Denote by $\mathcal{L}$ the Lebesgue measure on $\mathbb{R}^1$.

Assume $x \in B$ is a Lebesgue point, i.e.,

$$\mathcal{L}[(x - \varepsilon, x + \varepsilon) \cap B]/2\varepsilon \to 1, \text{ as } \varepsilon \to 0,$$

which implies that

$$\mathcal{L}[(x - \varepsilon, x + \varepsilon) \backslash B]/2\varepsilon \to 0, \text{ as } \varepsilon \to 0.$$

Suppose

$$\mathcal{L}[(x - \varepsilon, x + \varepsilon) \setminus B]/2\varepsilon < \varsigma.$$

Let $E_{i_1 \cdots i_k}$ be the smallest fine copy of E which contains $f((x - \varepsilon, x + \varepsilon) \cap B)$. Hence

$$
\begin{aligned}
|E_{i_1 \cdots i_k}| \;&\geq\; |f((x - \varepsilon, x + \varepsilon) \cap B)| \\
&\geq\; C^{-1}|(x - \varepsilon, x + \varepsilon) \cap B| \\
&\geq\; C^{-1}2\varepsilon(1 - \varsigma).
\end{aligned}
$$

There are two distinct points

$$f(x), f(y) \in E \text{ with } x, y \in (x - \varepsilon, x + \varepsilon) \cap B,$$

such that

$$
\begin{aligned}
f(x) \;&\in\; f[(x - \varepsilon, x + \varepsilon) \cap B)] \cap E_{i_1 \cdots i_k i_{k+1}}, \\
f(y) \;&\in\; f[(x - \varepsilon, x + \varepsilon) \cap B)] \cap E_{i_1 \cdots i_k i'_{k+1}},
\end{aligned}
$$

with $i_{k+1} \neq i'_{k+1}$.

However, since $x, y \in (x - \varepsilon, x + \varepsilon) \cap B$, there is a sequence of points in B,

$$(x =)z_0, z_1, \cdots, z_{k-1}, z_k(= y) \in B$$

such that for every i,

$$|z_i - z_{i+1}| \leq 2\varsigma\varepsilon.$$

Then there is a sequence of points in $f(B)$,

$$(f(x) =)f(z_0), f(z_1), \cdots, f(z_{k-1}), f(z_k)(= f(y)) \in B,$$

such that for every i,

$$|f(z_i) - f(z_{i+1})| \leq (2C\varepsilon)\varsigma . \tag{6.1}$$

Since $i_{k+1} \neq i'_{k+1}$, there is an index i^* such that $f(z_{i^*}), f(z_{i^*+1})$ belong to the different pieces in $\{E_{i_1 \cdots i_k j}\}_j$.

Let $\{r_i\}_i$ be the ratios set of E. Then we have

$$
\begin{aligned}
&|f(z_{i^*}) - f(z_{i^*+1})| \\
\geq\; &\min_{j \neq j'} d(E_{i_1 \cdots i_k j}, E_{i_1 \cdots i_k j'}) \\
\geq\; &(\min_i r_i)|E_{i_1 \cdots i_k}| \\
\geq\; &(\min_i r_i)C^{-1}(2\varepsilon(1 - \varsigma)),
\end{aligned}
$$

which contradicts (6.1) when ς is taken small enough. $\qquad\square$

Example 3. Let $E = [0, 1] \times \{0\}$ is a self-similar set of $\mathbb{R}^2$ generated by

$$T_1(x, y) = (x, y)/3, T_2(x, y) = (x, y)/3 + (1/3, 0), T_3(x, y) = (x, y)/3 + (2/3, 0).$$

Let E' be a self-similar set of $\mathbb{R}^2$ generated by

$$T'_1(x, y) = (x, y)/3, T'_2(x, y) = (x, y)/3 + (2/3, 0), T'_3(x, y) = (x, y)/3 + (0, 2/3).$$

Then E' satisfies SSC. By Proposition 4, any subset of E with positive $\mathcal{H}^1$ measure cannot be bilipschitz embedded into F.

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